

<https://tinyurl.com/dwayne-corn>



Secrets Security End-To-End



@mdwayne-real.bsky.social

@mdwayne-real.bsky.social



Data Reveals Identity-Based Attacks Now Dominate Cybercrime

One of the most critical shifts is the move toward continuous identity verification. Traditionally, authentication has been treated as a one-time event—users log in once and are then trusted indefinitely. But with attackers now impersonating legitimate users, more companies are adopting real-time behavioral monitoring to detect anomalies.

Another major change is the adoption of just-in-time privileges. Instead of giving employees permanent administrative access, organizations are limiting high-risk permissions to the exact moment they're needed—then revoking them immediately afterward.



[Home](#) > [News](#) > [Security](#) > Premium WordPress 'Motors' theme vulnerable to admin takeover attacks

Premium WordPress 'Motors' theme vulnerable to admin takeover attacks

By [Bill Toulas](#)

May 20, 2025 03:46 PM 0

"This (vulnerability) is due to the theme not properly validating a user's identity prior to updating their password," [explains Wordfence](#).

"This makes it possible for unauthenticated attackers to change arbitrary user passwords, including those of administrators, and leverage that to gain access to their account."

How did the leak happen?

The New York Times commented that “*The underlying event related to last week’s posting occurred in January 2024 when a credential to a cloud-based third-party code platform was inadvertently made available*”.

US Treasury says Chinese hackers stole documents in 'major incident'

Events Timeline

- **December 2, 2024:** BeyondTrust detected anomalous behavior and started investigating potential unauthorized access.
- **December 5, 2024:** BeyondTrust identified that an [API key for their Remote Support SaaS had been compromised](#). The company revoked the compromised key, notified impacted customers, and suspended the affected instances.





@mdwayne-real.bsky.social

@mdwayne-real.bsky.social





@mdwayne-real.bsky.social

@mdwayne-real.bsky.social



Hi. I'm Dwayne.



Dwayne McDaniel
Senior Developer Advocate
dwayne.mcdaniel@gitguardian.com



```
{  
  "Hometown" : "Chicago",  
  "Mission" : "Help people figure stuff out",  
  "Developer-advocate-since" : "2014",  
  "Host" : "The Security Repo Podcast",  
  "Socials" : {  
    "mcdwayne@mastodon.social",  
    "www.linkedin.com/in/dwaynemcdaniel" },  
  "Other-interests" : { "crochet", "karaoke",  
    "rock and roll concerts", "music in general" }  
}
```

@mdwayne-real.bsky.social
@mdwayne-real.bsky.social

About GitGuardian



GitGuardian is an enterprise platform helping teams solve Non-Human Identity security crisis

- **Secrets Detection and Remediation Platform**
- **Developer Tooling for Prevention**
- **Honeytokens**
- **Public Monitoring of GitHub**
- **NHI Governance**

What Attackers Want:

1. Machine Resources

2. Access To Data

3. Anything That Leads To 1 or 2





VS



Human

Non-human





Production software environments are composed of a large number of applications which need to be identified, resulting in “non-human identities” or NHI.

Application identities are often associated with secrets, which are used as credentials similarly to the way humans authenticate into computer systems. Application secrets may be used to authenticate into other applications within the trust domain. They may also be used to authenticate into 3rd party SaaS applications.





Workload Identity in a Multi System Environment (WIMSE) Architecture

I E T F®

- Workload

A workload is a running instance of software executing for a specific purpose. Workload typically interacts with other parts of a larger system. A workload may exist for a very short durations of time (fraction of a second) and run for a specific purpose such as to provide a response to an API request. Other kinds of workloads may execute for a very long duration, such as months or years. Examples include database services and machine learning training jobs.

<https://datatracker.ietf.org/doc/draft-ietf-wimse-arch/>



We're Going Through A Machine Identity Crisis



Ted Shorter Forbes Councils Member

Forbes Technology Council

COUNCIL POST | Membership (Fee-Based)



Oct 18, 2022, 07:00am EDT

The recent growth of machine identities can also create weaknesses. A [report](#) from CyberArk found that machine identities outnumber humans 45-1 and that 68% of non-human identities have access to sensitive data and assets.





@mdwayne-real.bsky.social
@mdwayne-real.bsky.social



@n-real.bsky.social
@m-real.bsky.social



What are secrets in software development?

```
from typing import Dict
import aws_lib

def aws_upload(data: Dict):
    database = aws_lib.connect("AKIAF6BAFJKR45SAWSZ5",
                              "hjshnk5ex5u34565AWS654/JKGjhz545d89sjkja")
    database.push(data)
```

Definition

Secrets authenticate access and encryption of software components, such as:

- API keys
- Username/password pairs
- Database connection URLs
- Browser session tokens
- Certificates

Sensitive files such as `.env`, `.pem` or `.crt` are also secrets themselves



Credential Leakage Is A Growing Problem



Let's build from here

The world's leading AI-powered developer platform.

Email address

you@company.com

Sign up for GitHub

Start a free enterprise trial >

Trusted by the world's leading organizations >

3M

KPMG

Mercedes-Benz

SAP

P&G

TELUS



THE STATE OF
Secrets Sprawl
2025



<https://www.gitguardian.com/state-of-secrets-sprawl-report-2025>

@mdwayne-real.bsky.social

@mdwayne-real.bsky.social



23,770,171

+25%

New secrets detected in public
GitHub commits in 2024

Data analysis by GitGuardian

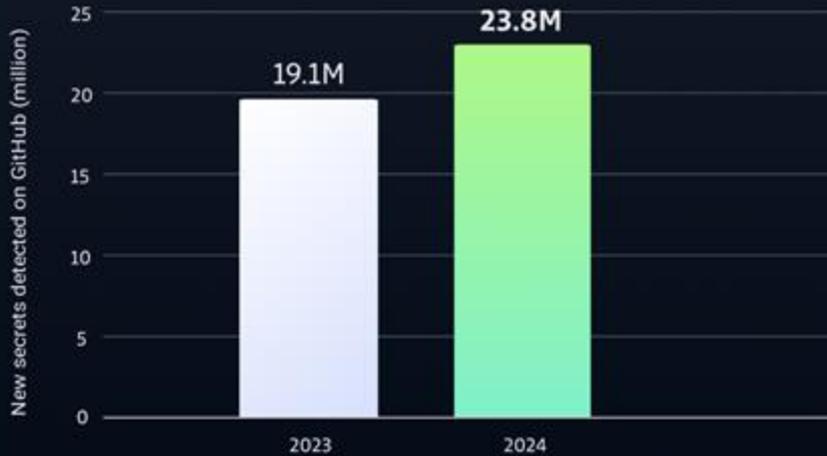
in 2024 GitGuardian scanned **69.6M public repositories** of which at least **4.61% contained a secret.**



@mdwayne-real.bsky.social

@mdwayne-real.bsky.social

New secrets detected on GitHub



Data analysis by **GitGuardian**

70%



of the secrets leaked in 2022 are still valid

15%



commit authors leaked a secret

1.9 Million



pro-bono alert emails sent

@mdwayne-real.bsky.social

@mdwayne-real.bsky.social



Key findings from Verizon's 2025 Data Breach Investigations Report

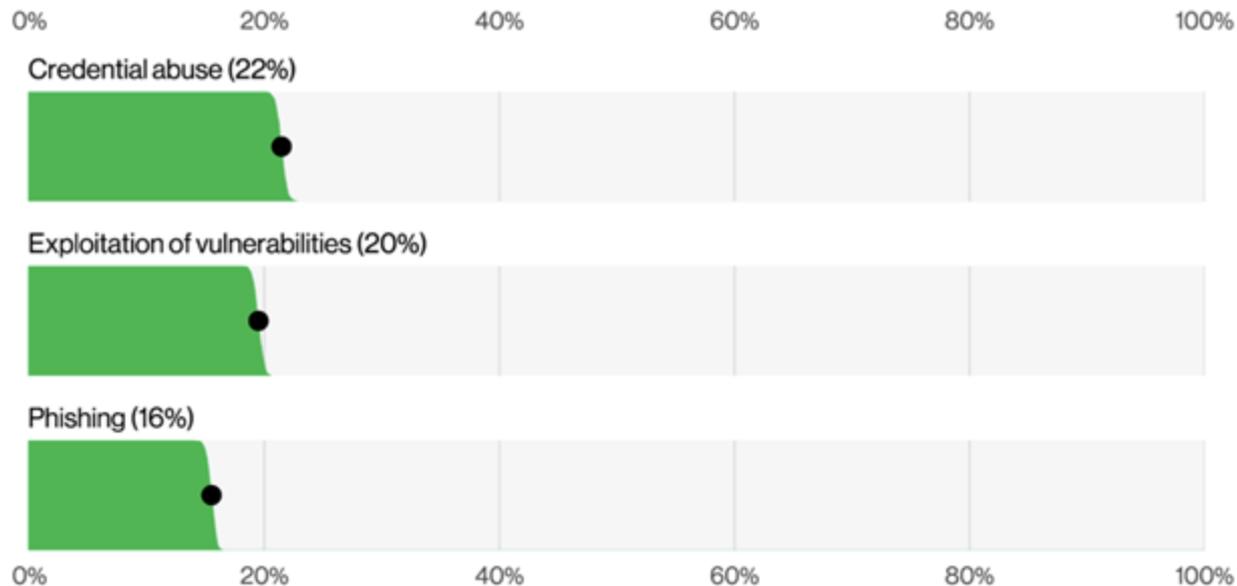


Figure 5. Known initial access vectors in non-Error, non-Misuse breaches (n=9,891)



Key findings from Verizon's 2025 Data Breach Investigations Report

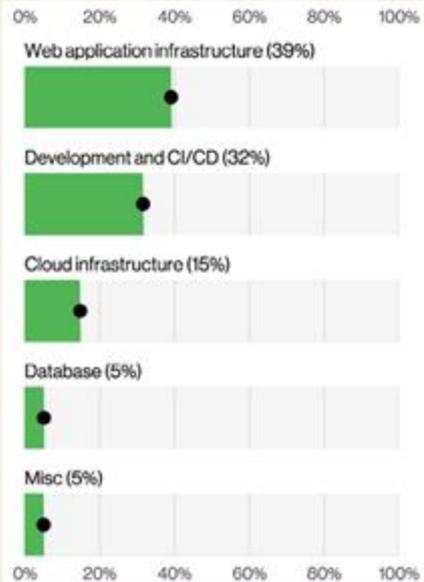


Figure 12. Top categories of exposed secrets in public git repos (n=441,780)

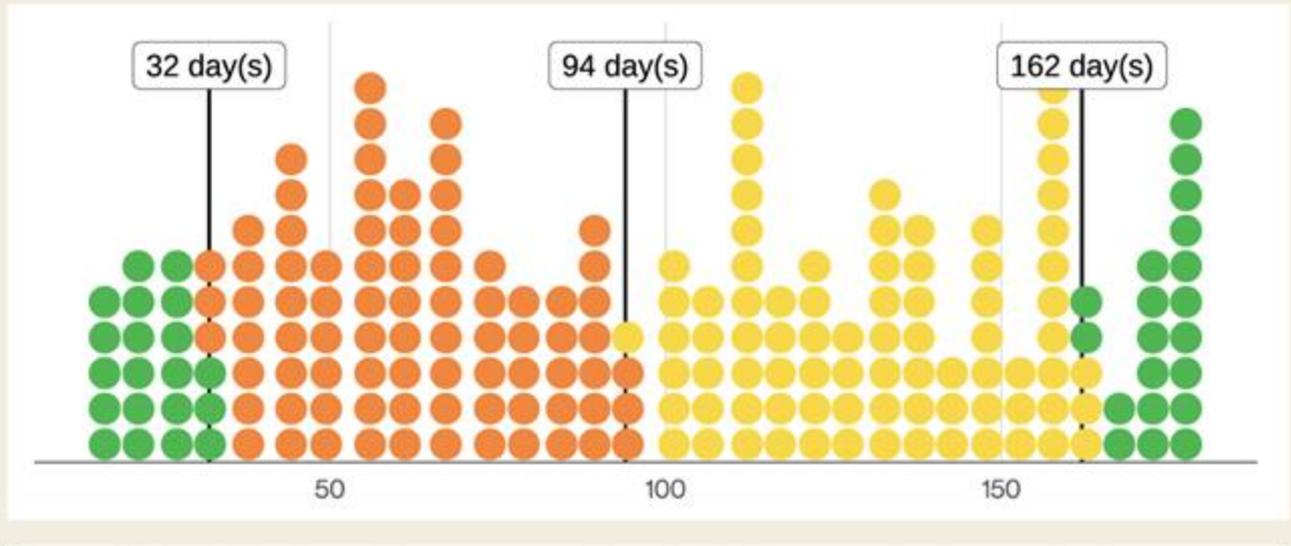
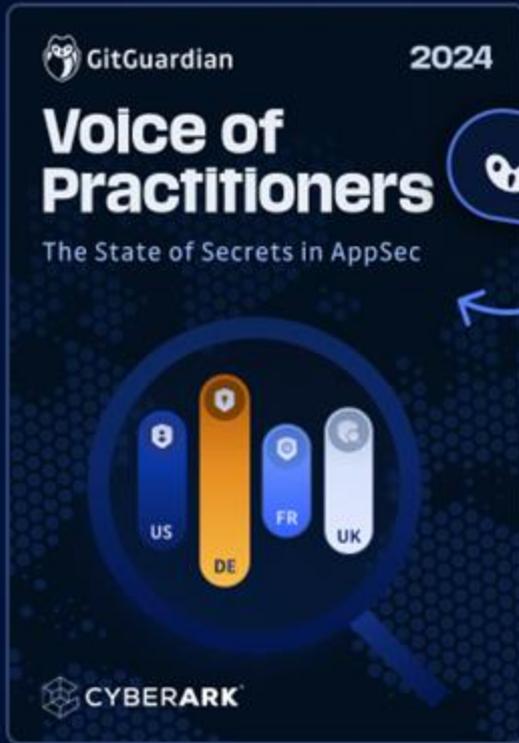


Figure 13. Distribution of days to remediate leaked secrets in git repositories (n=141 – each dot is 0.70 events)





1k Pros answered!

<https://blog.gitguardian.com/voice-of-practitioners-2024/>



The Confidence Gap

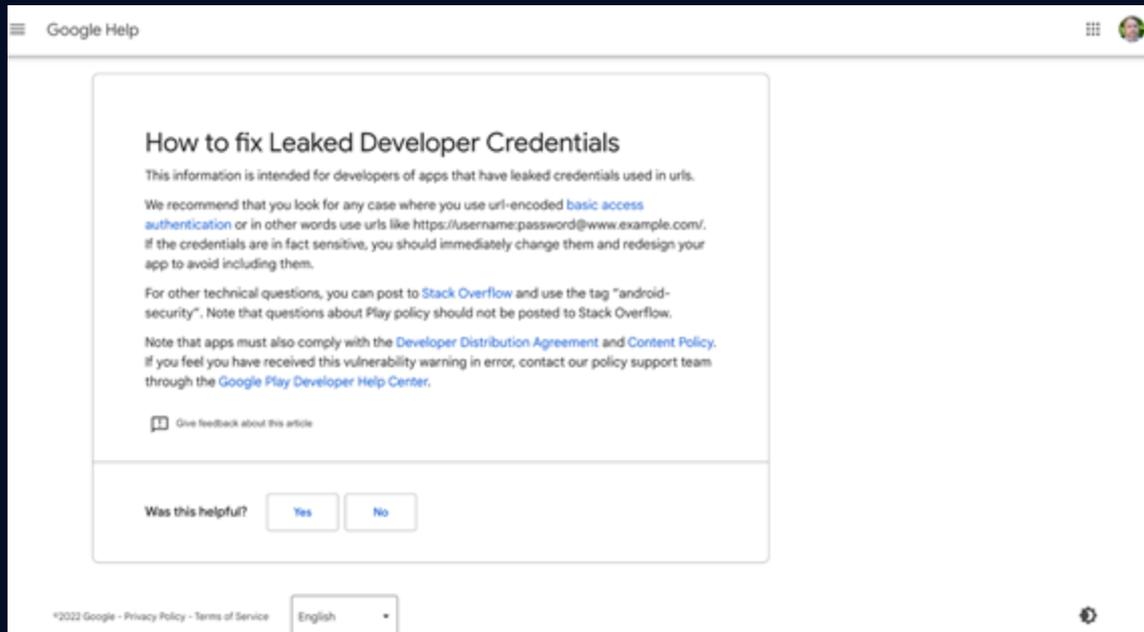
Despite heightened awareness and investment, a concerning gap exists between confidence and reality:

- 75% of respondents express strong confidence in their secrets management capabilities
- However, the average estimated time to remediate a leaked secret stands at 27 days
- Only 44% of developers are reported to follow security best practices
- Organizations maintain an average of 6 distinct secrets manager instances



What Can We Do?





"We recommend that you look for any case where you use url-encoded basic access authentication. If the credentials are in fact sensitive, you should immediately change them and redesign your app to avoid including them. " – Google Help

[@mdwayne-real.bsky.social](#)
[@mdwayne-real.bsky.social](#)



Possible Solutions:

- 1. When humans are involved, Phishing Resistant MFA (e.g. YubiKey with Biometrics)**
- 2. Eliminate known credentials when possible (e.g. IAM roles, Passwordless, Password Managers)**
- 3. Rotate credentials MUCH more often, using automation**
- 4. Move to workload identity based authentication**





Possible Solutions:



**When humans are involved, Phishing Resistant
FA (e.g. YubiKey with Biometrics)**

- 2. Eliminate known credentials when possible
(e.g. IAM roles)**
- 3. Rotate credentials MUCH more often, using
automation**
- 4. Move to workload identity based authentication**



Possible Solutions:



1. When humans are involved, Phishing Resistant MFA (e.g. Yubikey with biometrics)



2. Eliminate human credentials when possible (e.g. IAM roles)

3. Rotate credentials MUCH more often, using automation

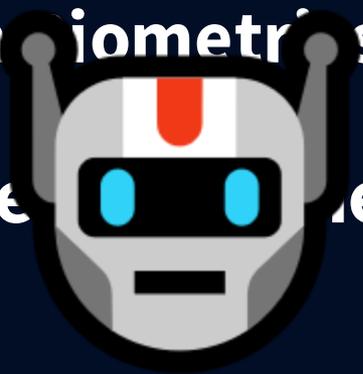
4. Move to workload identity based authentication



Possible Solutions:



1. When humans are involved, Phishing Resistant MFA (e.g. YubiKey with biometrics)



2. Eliminate human credentials when possible (e.g. IAM roles)

3. Rotate credentials MUCH more often, using automation

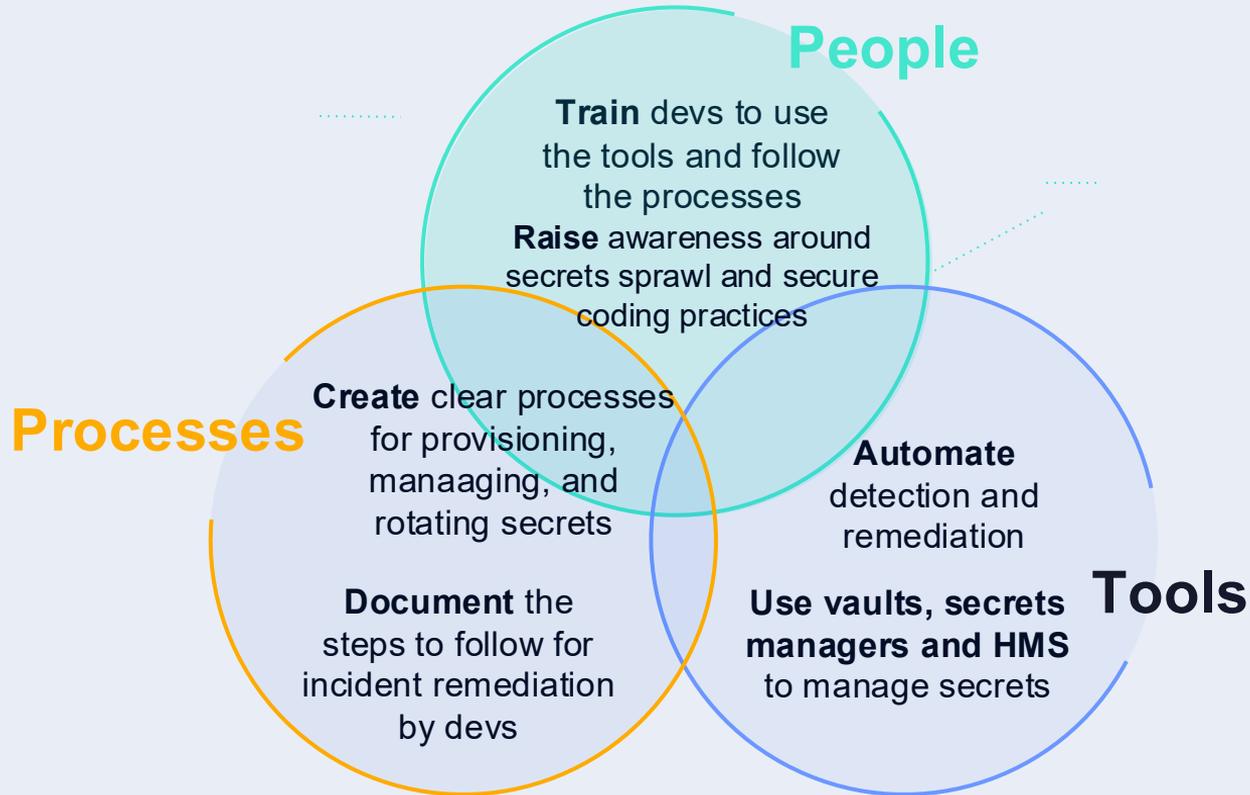
4. Move to workload identity based authentication



```
1 package main
2
3 import (
4     "fmt"
5     "os"
6 )
7
8 func main() {
9     databaseName := "53CR3TD4T4B453"
10    secretKey := "DIFFERENT SECRET"
11    secretPhrase := "Always know where your towel is. - Douglas Adams, The Hitchhiker's Guide to the Galaxy"
12
13    var dbName string
14    var dbPass string
15
16    fmt.Println("Please enter database name:")
17    fmt.Scanf("%s", &dbName)
18
19    fmt.Println("Please enter database password:")
20    fmt.Scanf("%s", &dbPass)
21
22    if dbName == databaseName && dbPass == secretKey {
23        fmt.Println("Welcome to the database!")
24        fmt.Println("Your secret phrase is: ", secretPhrase)
25        os.Exit(0)
26    }
27    fmt.Println("Sorry, wrong database name or password")
28 }
29
```



Three pillars of a secrets management program



Who is responsible for fixing secrets sprawl?

Who owns the risks?



Devs?



DevOps?
Operations?



Security?
CISO?



Exec Team?

Who



Why not the IAM owner?



Why do we treat Non-Human Identities different than humans?

Does this person even exist in your org?



Who “owns” NHIs?

Who owns the risks?



Devs



**DevOps/
Operations**



**Security/
CISO**



Exec Team



IAM/Identity



**Risks are NOT threats.
Risks are NOT vulns.
Risks are NOT exploits.**

**Risks are what you are set to lose
if things go bad.**

– [Walt Powell - Field CISO, CDW](#)



@mdwayne-real.bsky.social

@mdwayne-real.bsky.social



A Formula For Measuring Security Risk

Security Risk = Threat \times Exploitability \times Criticality

- Where am I vulnerable?
- What is the likelihood of a successful attack?
- What would it cost the company or you?



Business Risks != Security Risks

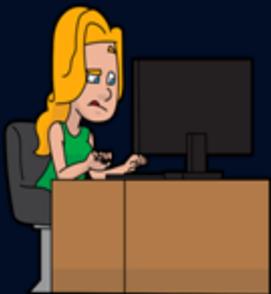
"The Board does not know or care what
a CVE is.

They care that something is going to
make them lose money.

Period."

– again, thank you to [Walt Powell - Field CISO, CDW](#)

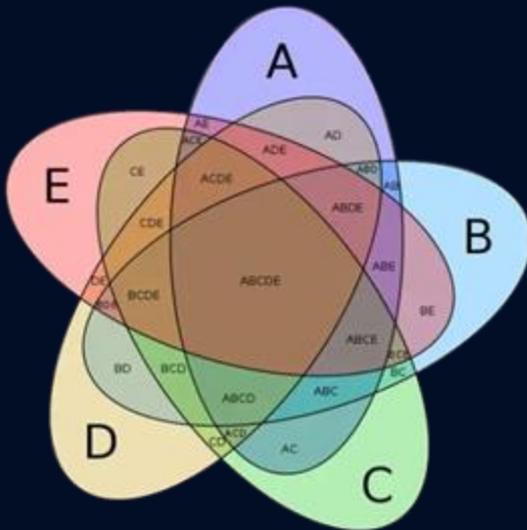




Devs



**DevOps/
Operations**



IAM/Identity



**Security/
CISO**



Exec Team



We must get **EVERYONE** on board this same submarine



Devs



DevOps/
Operations



Security/
CISO



Exec Team



IAM/Identity



"DISCOVER THE BEST KEPT SALES SECRET IN AMERICA TODAY!"

—Gerhard Gschwandtner, Publisher, *Selling Power* magazine

**YOU CAN'T
TEACH A KID TO
RIDE A BIKE
AT A SEMINAR**

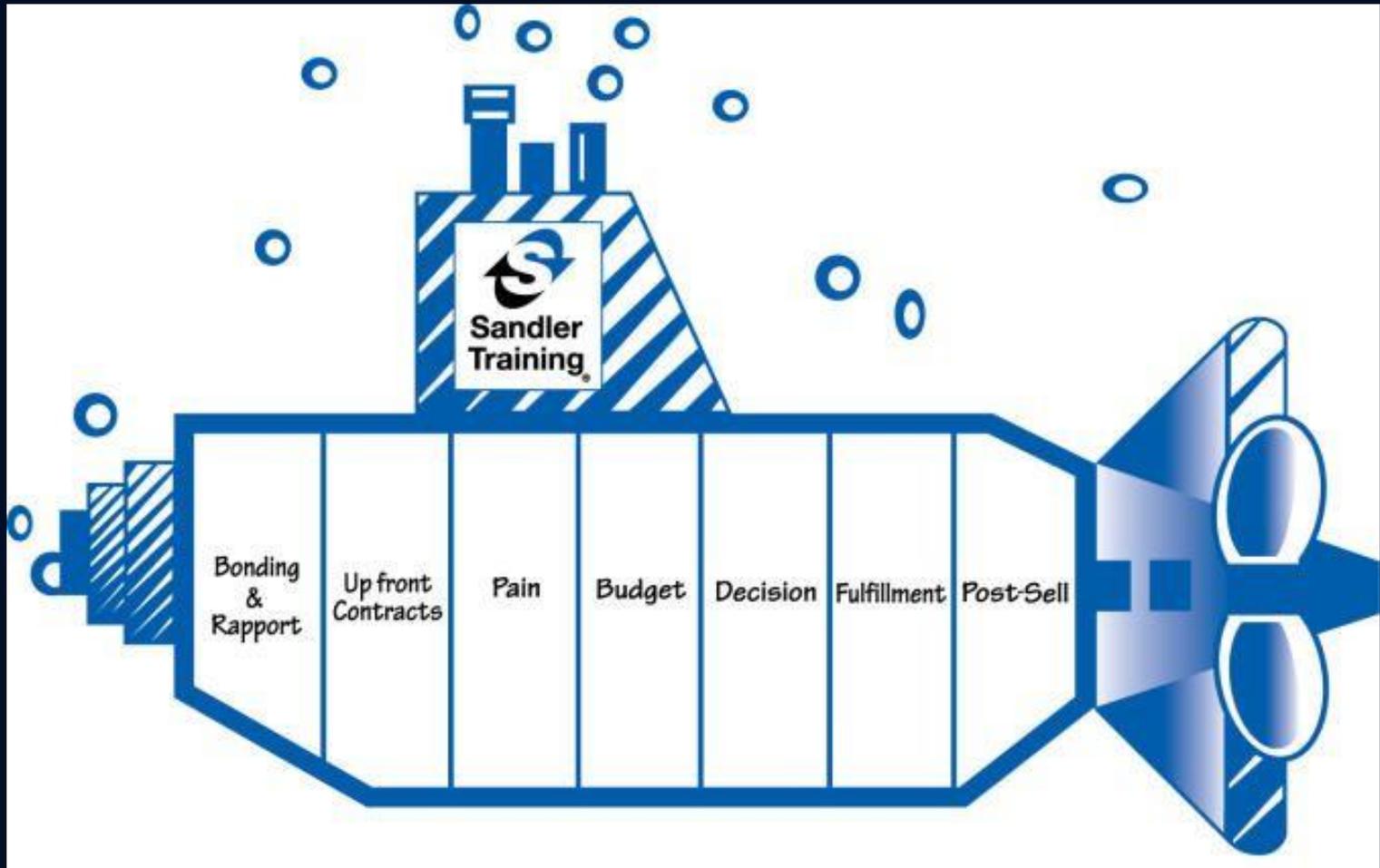
— THE —
**SANDLER SALES INSTITUTE'S
7-STEP SYSTEM
FOR SUCCESSFUL SELLING**

DAVID H. SANDLER

[@mdwayne-real.bsky.social](#)

[@mdwayne-real.bsky.social](#)

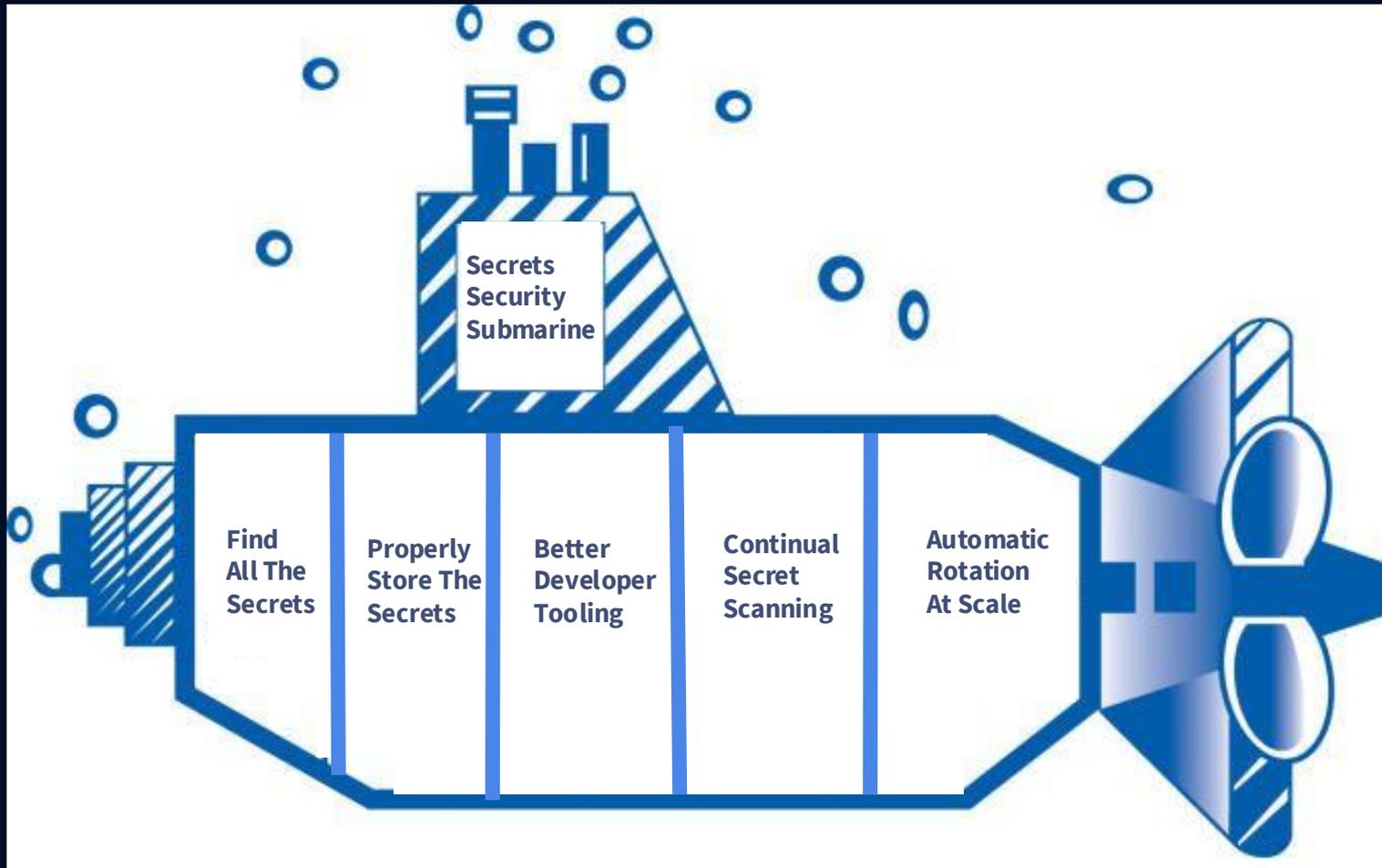


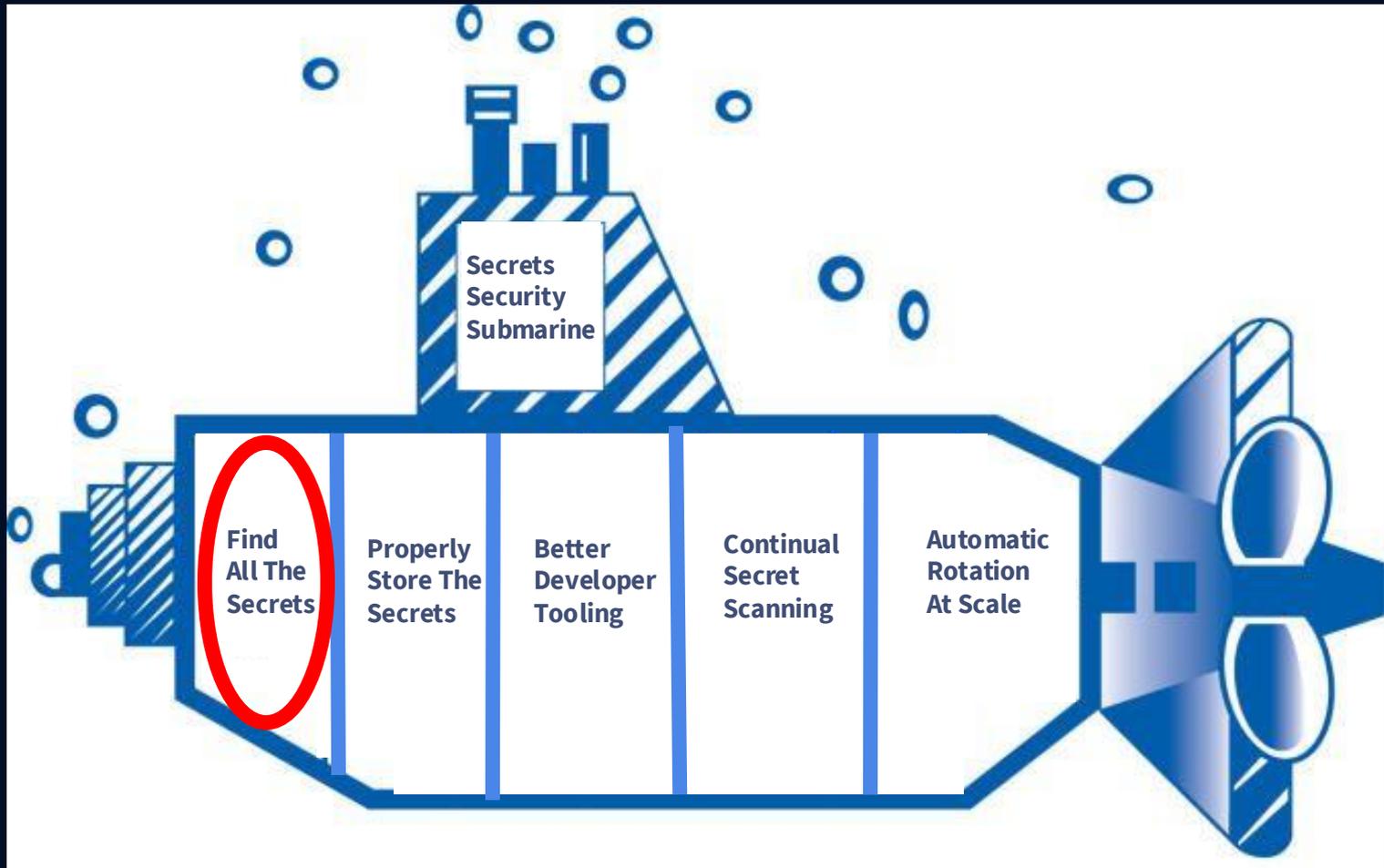


Our new game plan:

- **Find All The Secrets**
- **Properly Store The Secrets**
- **Adopt Better Developer Tooling**
- **Continual Secrets Scanning**
- **Automatic Rotation At Scale**









OWASP Threat Modeling Project

“Step 1: Scope your work

The first step in the threat modeling process is concerned with gaining an understanding of what you’re working on.”

https://owasp.org/www-community/Threat_Modeling_Process

@mdwayne-real.bsky.social

@mdwayne-real.bsky.social



Hopefully everyone is keeping track...right?

...Right!?!?



Devs

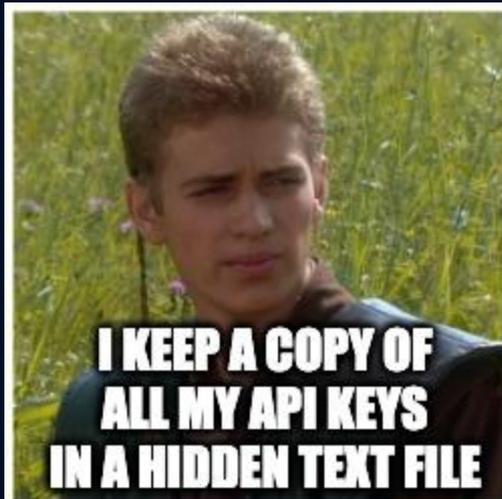


DevOps/
Operations



IAM/Identity





Credentials can appear in plaintext in:

- **Code**
- **Config files**
- **Jira**
- **Slack/Teams**
- **Confluence**
- **~/secrets.txt**
- **Other terrifying places**





GitGuardian

Yelp/detect-secrets



git-secrets



trufflesecurity/trufflehog

```
`git grep -E <pattern>`
```



PingSafe™



gitLeaks

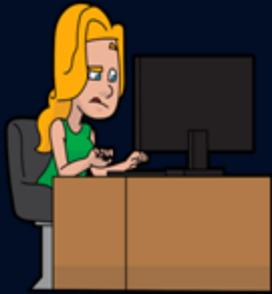


@mdwayne-real.bsky.social

@mdwayne-real.bsky.social



Now we all know the scope of the issue...now what?



Devs



DevOps/
Operations



Security/
CISO

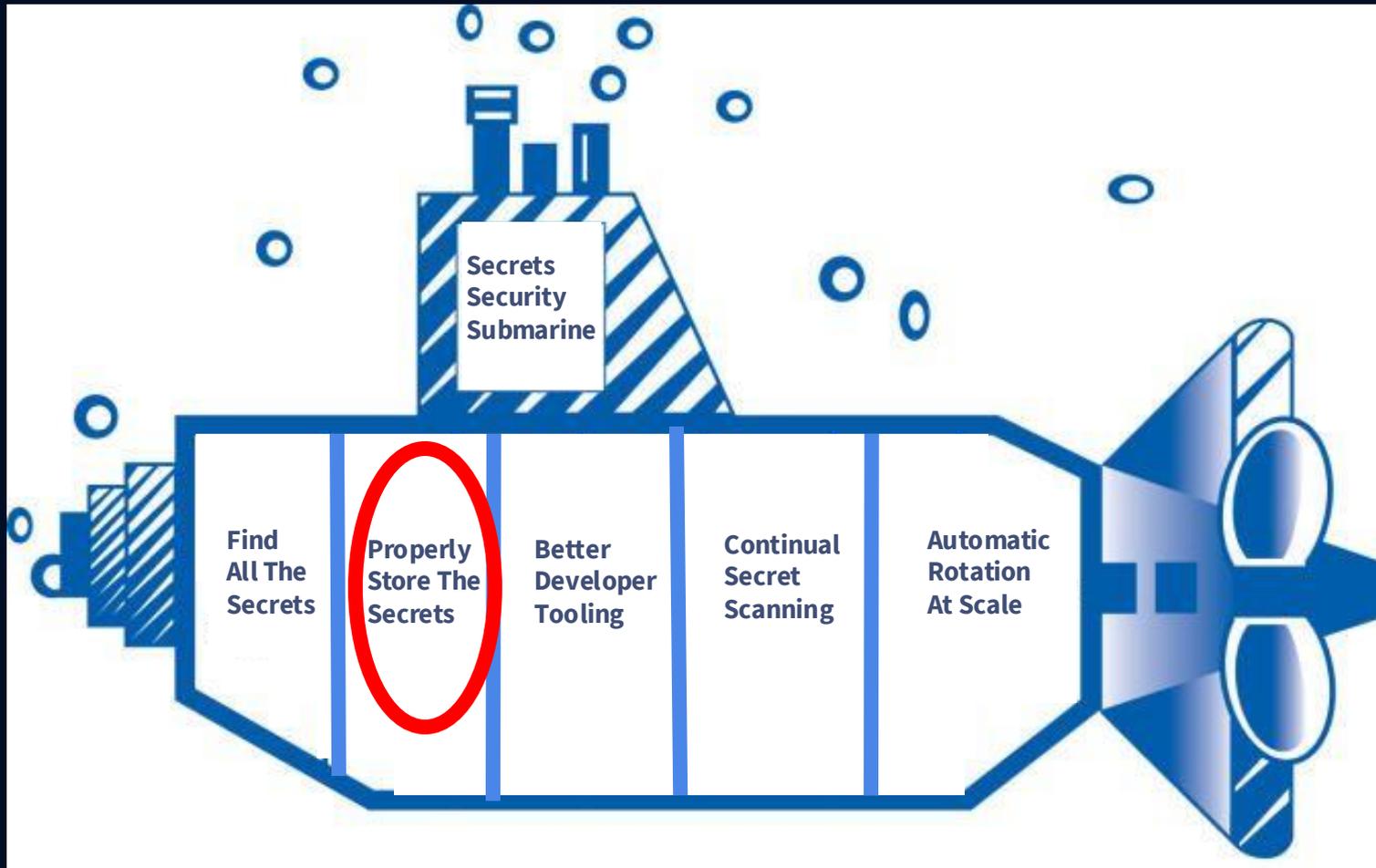


Exec Team

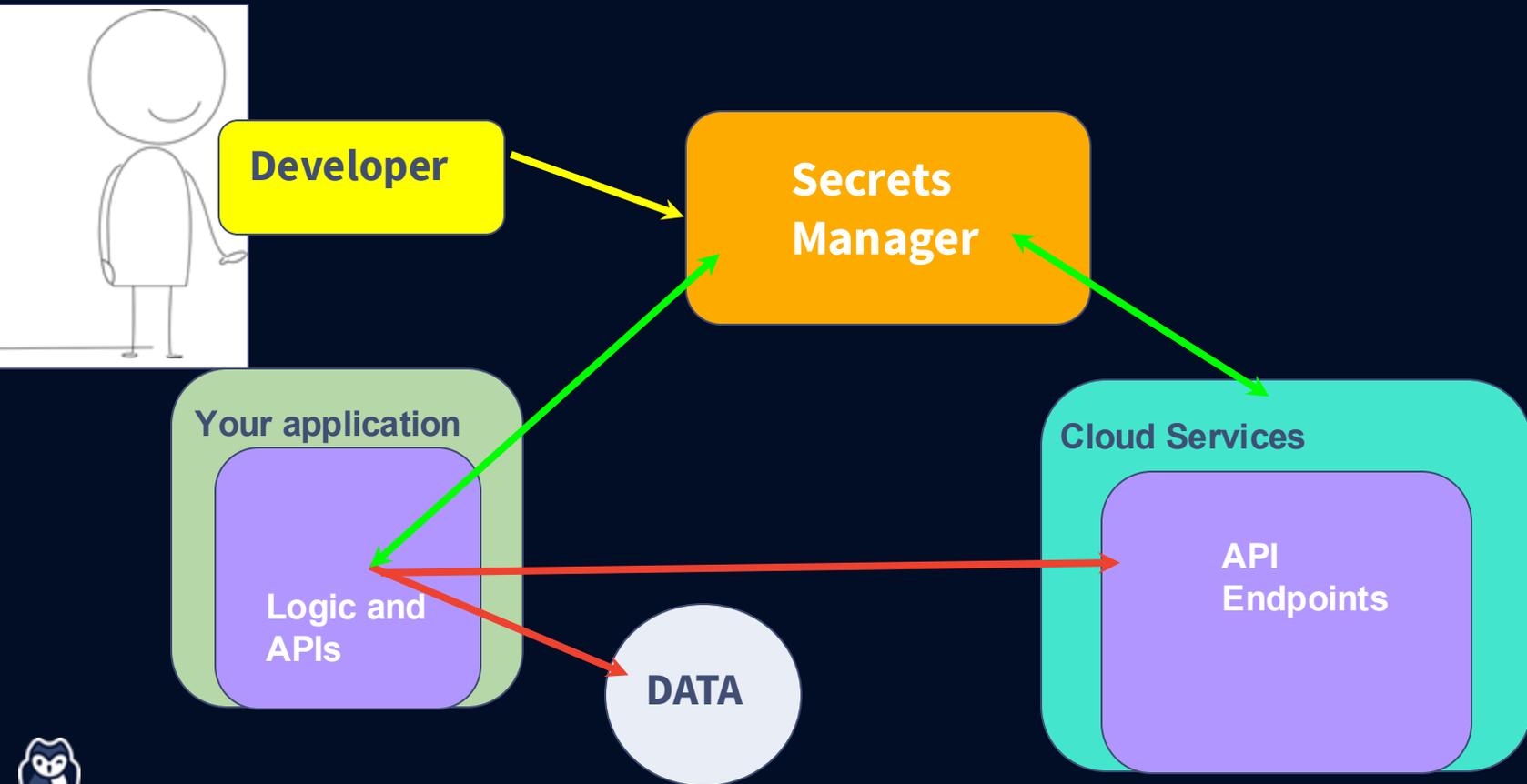


IAM/Identity





Basic Secret Manager Architecture

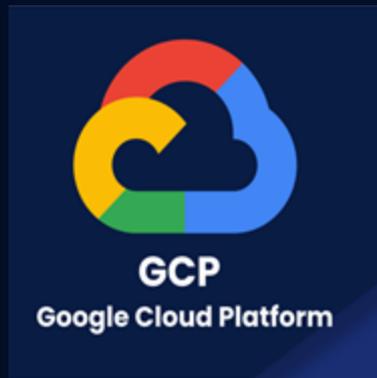


Basic needs for a secrets manager

1. **Encrypts secrets at rest and in transit**
2. **Available across all environments**
3. **Centralized reporting**
4. **Easy enough to use for development**



Are you “all in” on one Cloud provider?



Multicloud, Or On Prem, Or A Mix?





HashiCorp
Vault

```
# Reading a secret
read_response = client.secrets.kv.read_secret_version(path='my-secret-password')

password = read_response['data']['data']['password']

if password != 'Hashi123':
    sys.exit('unexpected password')

print('Access granted!')
```



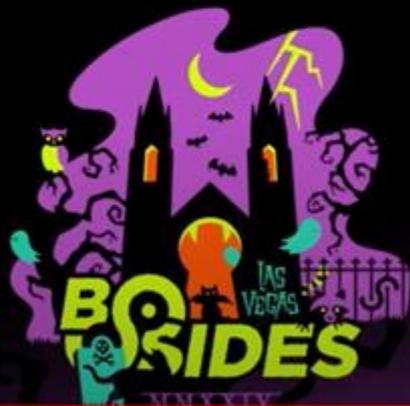


Zero Downtime Credential Rotation

Designs and Lessons Learned

Kenton McDonough
BSides Las Vegas
8/6/2024

Viasat™



BSIDESLV.ORG

4:44:47 / 8:41:47



BSidesLV 2024 - PasswordsCon - Tuesday



BSidesLV

4.25K subscribers

Subscribe



4



Share



Download



Clip



Live chat replay was turned off for this video.

Prioritizing secrets to add

1. New secrets
2. Production/Critical secrets
3. Legacy secrets
4. Zombie secrets



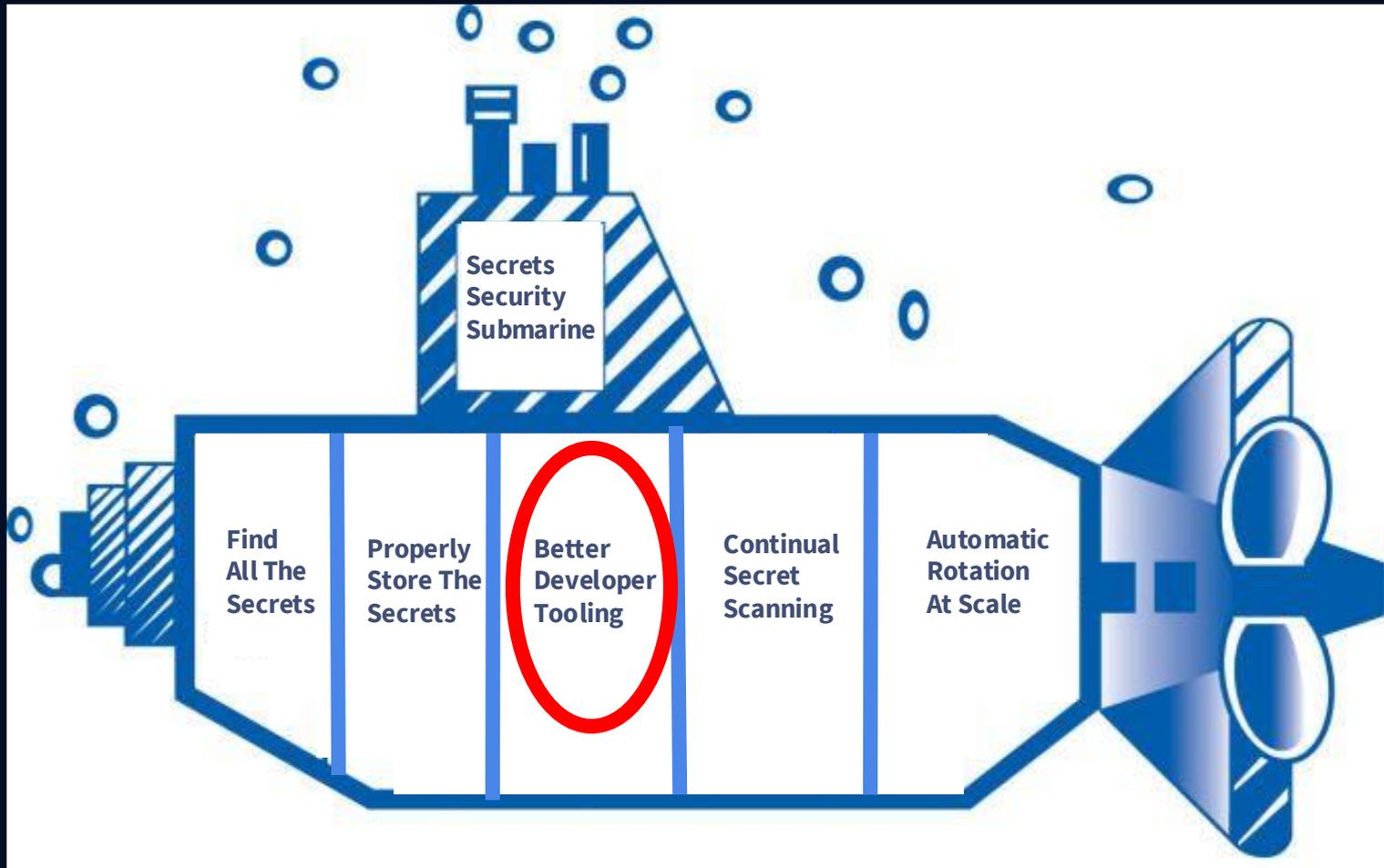
And how do we get Devs/DevOps to use it?

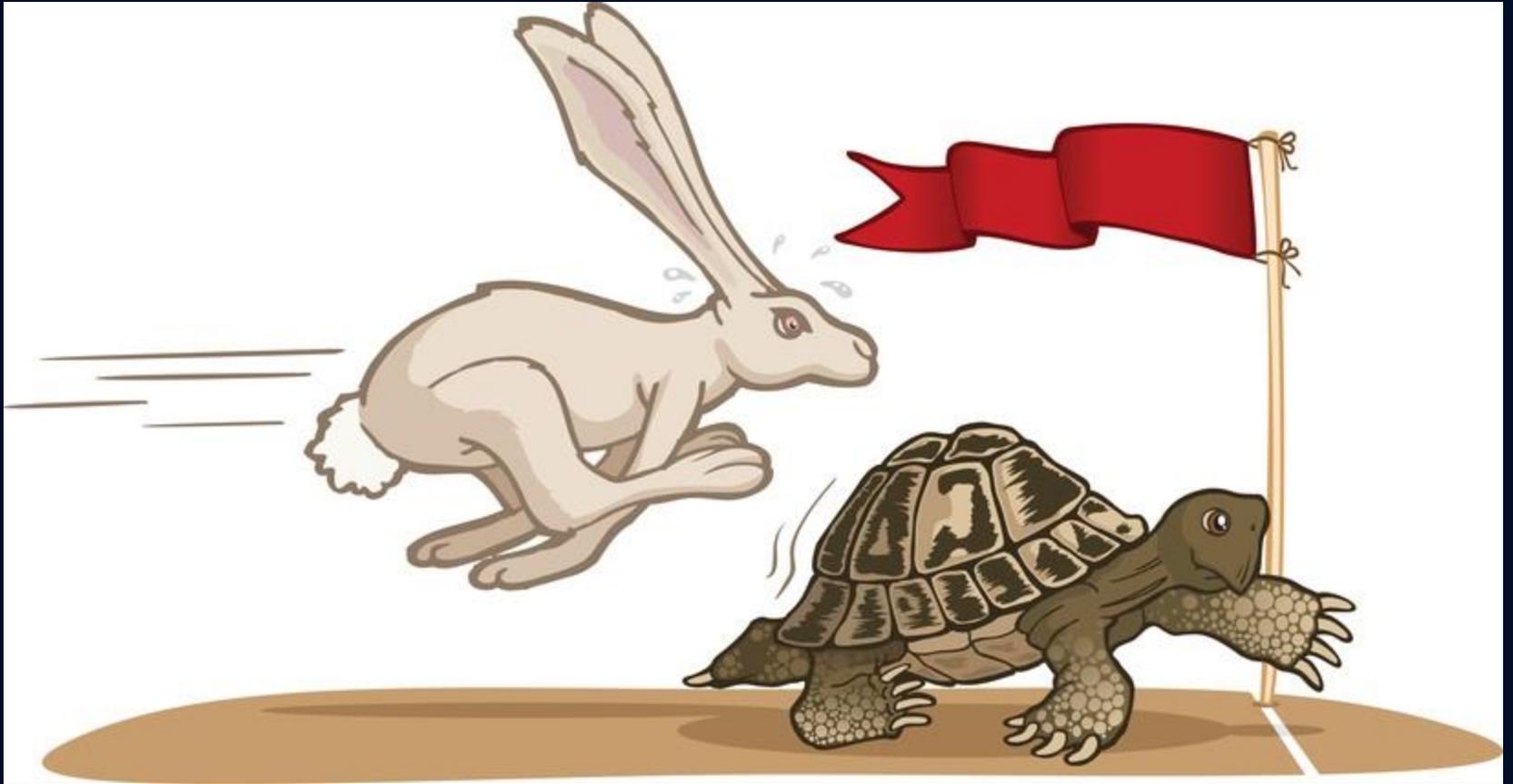


Devs

DevOps



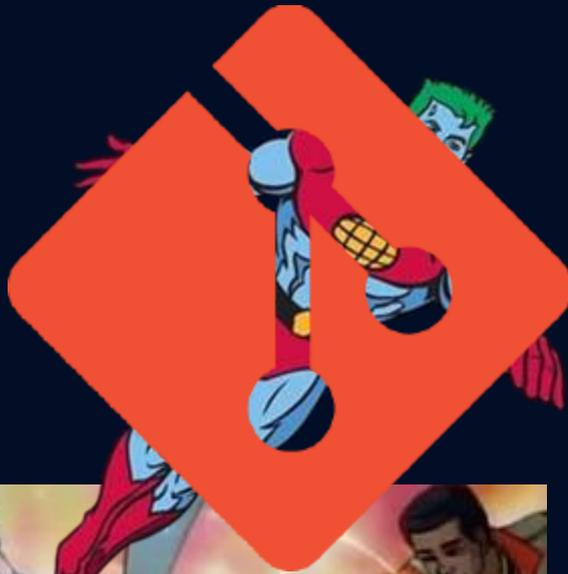




Security Engineering



Security Engineering



Git hooks or IDE extension based tool logic :

1. If a plaintext secret is detected before commit - DO NOT COMMIT IT
2. Check if it is already in your vault(s)
 - If so, return the call to the vault in the IDE
 - else, store it in the vault
1. Replace the secret with the vault call
2. Upon successful commit call to rotate the secret





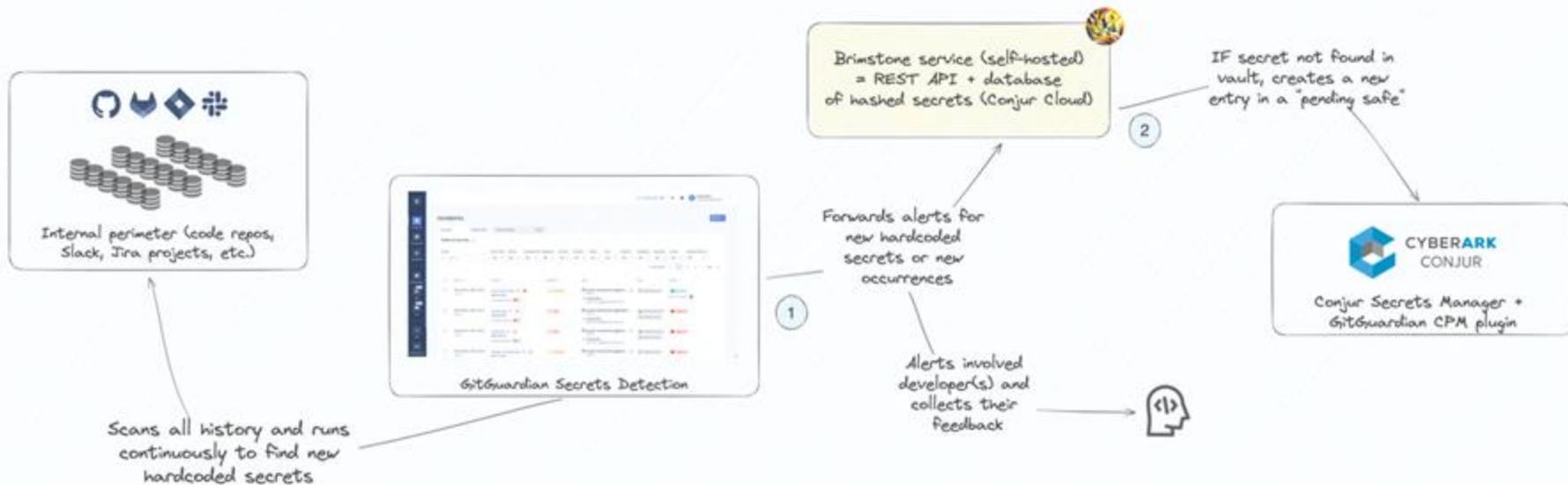
CYBERARK®

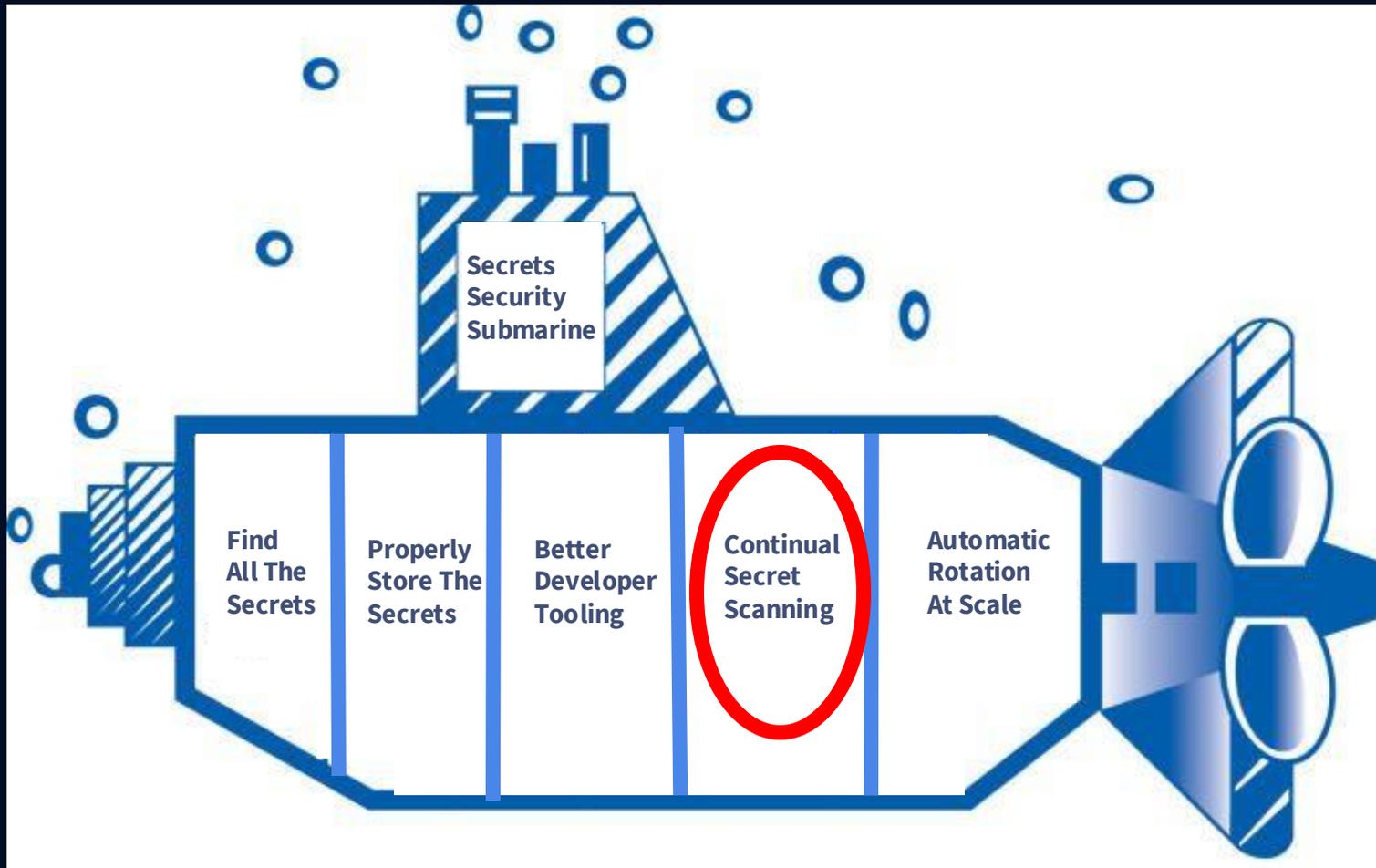


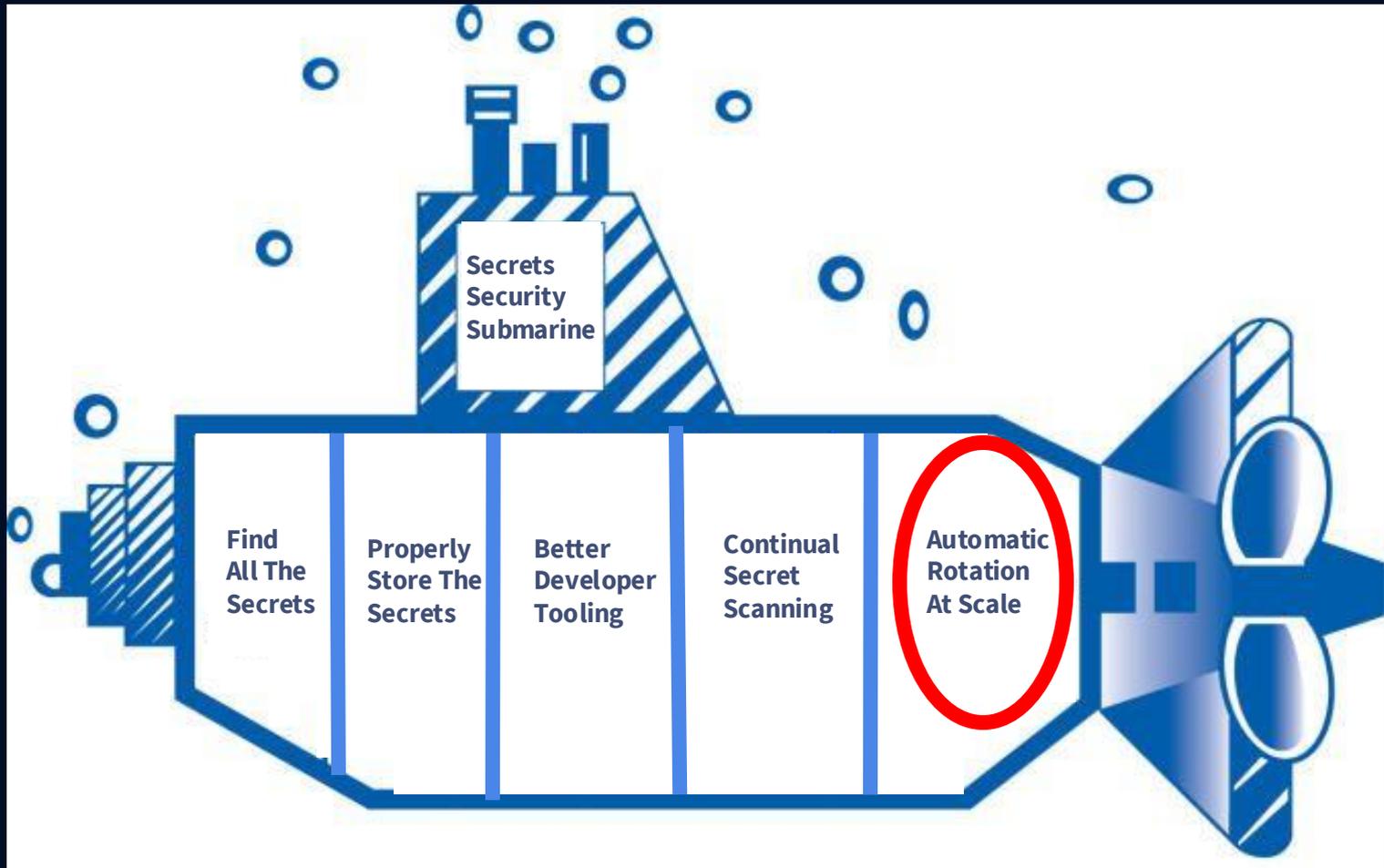
GitGuardian

Use case 2 - Enforcing vault usage with secrets discovery

GitGuardian helps security teams find "untracked" or "out-of-band" secrets to store them back in Conjur Cloud Secrets Manager.







Script Logic Needed:

1. Create new secret for service in question
 - 1.5. Test the new secret
1. Swap in the new secret for the existing one
2. Test to make sure this did not break access
3. Clean up step for internal labeling





aws-secrets-manager-rotation-lambdas

```
Code Blame 174 lines (123 loc) · 6.85 KB Raw Copy Download Edit View

1 # Copyright 2018 Amazon.com, Inc. or its affiliates. All Rights Reserved.
2 # SPDX-License-Identifier: MIT-0
3
4 import boto3
5 import logging
6 import os
7
8 logger = logging.getLogger()
9 logger.setLevel(logging.INFO)
10
11
12 def lambda_handler(event, context):
13     """Secrets Manager Rotation Template
14
15     This is a template for creating an AWS Secrets Manager rotation lambda
16
17     Args:
18         event (dict): Lambda dictionary of event parameters. These keys must include the following:
19             - SecretId: The secret ARN or identifier
20             - ClientRequestToken: The ClientRequestToken of the secret version
21             - Step: The rotation step (one of createSecret, setSecret, testSecret, or finishSecret)
22
23         context (LambdaContext): The Lambda runtime information
24
25     Raises:
26         ResourceNotFoundException: If the secret with the specified arn and stage does not exist
27
28         ValueError: If the secret is not properly configured for rotation
29
30         KeyError: If the event parameters do not contain the expected keys
31
32     """
```



Are you all in on one Cloud provider?

Set up automatic rotation for AWS Secrets Manager secrets using the AWS CLI



Configuring Automatic Key Rotation in GCP for Existing Keys

You can set up automatic key rotation for existing keys by using either the GCP Console or the gCloud CLI.



Configure cryptographic key auto-rotation in Azure Key Vault



@mdwayne-real.bsky.social

@mdwayne-real.bsky.social

Multicloud, Or On Prem, Or A Mix?

**Can you rotate the secret
through an API/CLI call?**





CYBERARK®

API [↗](#)

```
</> def rotate
  conjur_url =
  Conjur.configuration.appliance_url
  account = Conjur.configuration.account
  var_name = params['id']
  token =
  Base64.strict_encode64(api.token.to_json)
  RestClient.post(
    "#{conjur_url}/secrets/#{
  {account}/variable/#{var_name}?expirations",
    "",
    :Authorization => "Token token=\"#{
  {token}\""
  )

```

Enable rotation [↗](#)

This section describes how to enable rotation in Conjur.



```
curl --request PUT \
  --url https://circleci.com/api/v2/context/%7Bcontext-id%7D/environment-variable/POSTGRES_USER \
  --header 'authorization: Basic REPLACE_BASIC_AUTH' \
  --header 'content-type: application/json' \
  --data '{"value":"some-secret-value"}'
```



```
1 POST /api/oauth.v2.access
2 HOST slack.com
3 Content-Type: application/x-www-form-urlencoded
4
5 client_id=60503450.61416
6 client_secret=8bc5fc53901afc11c
7 grant_type=refresh_token
8 refresh_token=xoxe-1-...
```



@mdwayne-real.bsky.social

@mdwayne-real.bsky.social

Is there another option?



**We accept the reality that traditional
Long-lived credential based approaches
are a
TERRIBLE
idea for workload/machine identities**



Possible Solutions:

1. When humans are involved, Phishing Resistant MFA (e.g. YubiKey with Biometrics)
2. Eliminate known credentials when possible (e.g. IAM roles, Passwordless)
3. Rotate credentials MUCH more often, using automation

4. Move to workload identity based authentication





Universal identity control plane for distributed systems

SPIFFE and SPIRE provide strongly attested, cryptographic identities to workloads across a wide variety of platforms





SPIFFE, the Secure Production Identity Framework For Everyone (SPIFFE) Project defines a framework and set of standards for identifying and securing communications between application services.

SPIRE (the SPIFFE Runtime Environment) is a toolchain of APIs for establishing trust between software systems across a wide variety of hosting platforms.



Key Use Cases



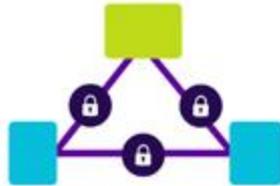
Secure microservices communication automatically with Envoy, X.509 PKI, or JWT



Authenticate securely to common databases or platforms without passwords or API keys



Build, bridge, and extend service mesh across organizations without sharing keys



Cross-service authentication for zero trust security model



Bridging the gap between Kubernetes and other platforms



SOLVING THE BOTTOM TURTLE



a SPIFFE Way to Establish Trust in Your
Infrastructure via Universal Identity

<https://spiffe.io/book/>

@mdwayne-real.bsky.social

@mdwayne-real.bsky.social





CLOUDNATIVE
SECURITYCON
NORTH AMERICA 2024

0:25 / 36:45

⏸ ⏪ ⏩ ⚙ 📺 🔍

The Story of Crush: The Microservice That Navigated the Cloud Native O... Mattias Gees & Tom Meadows

https://youtu.be/4HHvEamsxjs?si=KZhaCL_51QKAMuG3 e-real.bsky.social

@mdwayne-real.bsky.social



WIMSE IETF Working Group

Workload Identity in Multi-System Environments

The IETF Workload Identity in Multi-System Environments (WIMSE) working group addresses authentication and identity challenges in distributed microservices architectures. WIMSE focuses on defining standardized solutions for managing workload identities and secure communication between services.

Key Objectives:

- Develop a unified architecture for securely managing workload identities.
- Create token-based solutions to authenticate and secure REST/HTTP communications between workloads.
- Ensure interoperability across diverse platforms.
- Collaborate with other IETF working groups and external organizations to ensure cohesive standards.

Most collaboration in the working group is via the mailing list.

For more information about IETF, visit the [official IETF website](#).





Workload Identity in a Multi System Environment (WIMSE) Architecture

I E T F®

- Workload

A workload is a running instance of software executing for a specific purpose. Workload typically interacts with other parts of a larger system. A workload may exist for a very short durations of time (fraction of a second) and run for a specific purpose such as to provide a response to an API request. Other kinds of workloads may execute for a very long duration, such as months or years. Examples include database services and machine learning training jobs.

<https://datatracker.ietf.org/doc/draft-ietf-wimse-arch/>



Kubernetes v1.33: From Secrets to Service Accounts: Kubernetes Image Pulls Evolved

By [Anish Ramasekar](#) (Microsoft) | Wednesday, May 07, 2025



How it works

1. Service Account tokens for credential providers

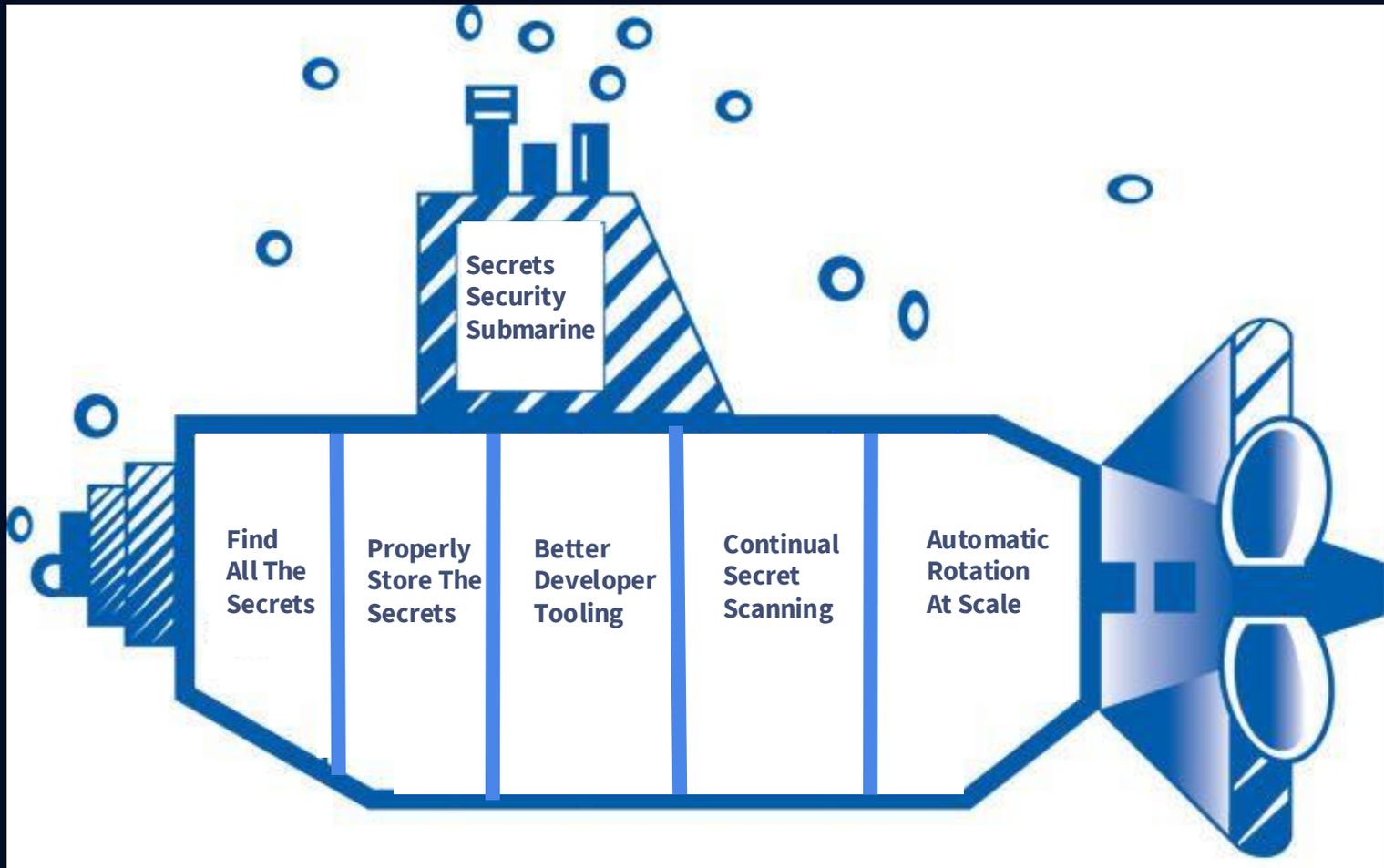
Kubelet generates **short-lived, automatically rotated** tokens for service accounts if the credential provider it communicates with has opted into receiving a service account token for image pulls. These tokens conform to OIDC ID token semantics and are provided to the credential provider as part of the `CredentialProviderRequest`. The credential provider can then use this token to authenticate with an external service.



**But you can't get to approaches like
SPIFFE or WIMSE at scale
until...**

**You first understand what machine
identities and secrets you even have**









@mdwayne-real.bsky.social

@mdwayne-real.bsky.social



Hi. I'm Dwayne.



Dwayne McDaniel
Senior Developer Advocate
dwayne.mcdaniel@gitguardian.com



```
{  
  "Hometown" : "Chicago",  
  "Mission" : "Help people figure stuff out",  
  "Developer-advocate-since" : "2014",  
  "Host" : "The Security Repo Podcast",  
  "Socials" : {  
    "mcdwayne@mastodon.social",  
    "www.linkedin.com/in/dwaynemcdaniel" },  
  "Other-interests" : { "crochet", "karaoke",  
    "rock and roll concerts", "music in general" }  
}
```

@mdwayne-real.bsky.social
@mdwayne-real.bsky.social

About GitGuardian



GitGuardian is an enterprise platform helping teams solve Non-Human Identity security crisis

- **NHI Governance**
- **Public Monitoring of GitHub**
- **Secrets Detection and Remediation Platform**
- **Developer Tooling for Prevention**
- **Honeytokens**

<https://tinyurl.com/dwayne-corn>



Secrets Security End-To-End



@mdwayne-real.bsky.social

@mdwayne-real.bsky.social

